

# CREATIVE RETIREMENT INSTITUTE & COMMUNITY EDUCATION

— LIFELONG LEARNING OPPORTUNITIES —



**SPRING 2024** | April-June

No grades and no need to apply.  
Registration opens 3/13.

 **EDMONDS**  
COLLEGE





## REGISTRATION AND CONTACT INFORMATION

Students can register online or by phone. Early registration is encouraged.

### CREATIVE RETIREMENT INSTITUTE (CRI)

#### NEVER STOP LEARNING!

The Creative Retirement Institute is a member-driven, self-supporting organization whose mission is to provide affordable, quality lifelong learning opportunities to adults in a supportive environment.

To learn more about CRI and register online, please visit [edmonds.edu/cri](http://edmonds.edu/cri).  
425.640.1830 | [cri@edmonds.edu](mailto:cri@edmonds.edu)



Register!



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## WITHDRAWALS AND REFUND POLICIES

Refund requests must be received by phone or email at least two business days prior to the start of class. A \$10 drop fee will be retained for each refunded class. No refunds will be made after that date. There are no partial refunds.

Students will be notified in advance if a class is canceled or rescheduled for any reason. We encourage students to check the college website for updates or closures.

#### LOCATION KEY:

**CLA:** Clearview Building, Edmonds College  
(7030 196th St SW, Lynnwood, WA 98036)

**EW:** Edmonds Waterfront Center  
(220 Railroad Ave, Edmonds, WA 98020)

**GW:** Gateway Hall, Edmonds College  
(6606 196th St SW Lynnwood, WA 98036)

**SQL:** Snoqualmie Hall, Edmonds College  
(20022 68th Ave W, Lynnwood, WA 98036)

**ONLINE:** Conducted via Zoom (links will be emailed two days prior to class)

# CREATIVE RETIREMENT INSTITUTE (CRI) CLASSES

Registration opens March 13 at 8 a.m.!

## ART AND MUSIC

### BUILDINGS THAT DEFINE AMERICAN CITIES

Every city has a particular feel about it, defined by its architecture, demographics, geography, climate, and the people and cultures who have shaped the city from its founding to its current status. From historical to contemporary structures, this course will explore the iconic structures that identify various American cities and how they came to be. We will discuss architectural styles and the sociopolitical context in which these buildings were created. Cities to be discussed include Philadelphia, Boston, and Washington, D.C.

*Eleanor Schrader is an award-winning educator, lecturer, and author. She lectures worldwide on the history of architecture, interiors, and decorative arts and leads art and architecture tours worldwide. She has been named a distinguished instructor of design history at UCLA Extension. She is also a professor emeritus of art and architectural history at Santa Monica College. She has done graduate work in fine and decorative arts at Sotheby's Institute in London and New York and has served as design review commissioner for the city of Beverly Hills. She is co-author of "Wallace Neff (Master Architects of Southern California, 1920-1940)."*

**Fee: \$50**  
**3 Thu., 5/9-5/30 | 1-3 p.m.**

**Schrader, Eleanor**  
**ONLINE**

No class 5/23.

### A LOVE STORY IN DESIGN: CHARLES RENNIE MACKINTOSH AND MARGARET MACDONALD MACKINTOSH

The remarkable artistic collaboration between Charles Rennie Mackintosh and Margaret MacDonald Mackintosh produced elegant and sensuous forms that would leave a distinctive imprint upon modern design. Their highly imaginative designs in art, architecture, interiors, and furniture intuited an astonishing modernity in turn-of-the-century Glasgow, taking inspiration from movements as diverse as Viennese Secessionism, Art Nouveau, and Arts and Crafts. This course will explore the couple's innovative architecture, luminous interiors, and sumptuous decorative arts that forged a new style for a new age.

See class above for instructor bio.

**Fee: \$25**  
**Thu., 6/13 | 1-3 p.m.**

**Schrader, Eleanor**  
**ONLINE**

### MONUMENTAL WORK: CULTURAL SURVIVAL AND THE MONUMENTS FOUNDATION

For over 80 years, the original stories that surround WWII have continued to be of global interest. One of the historical dimensions of that war is the work of the men and women who defended and rescued the arts by saving the cultural heritage of our world for future generations. We hear the stories or see the movies and think perhaps these experiences are all in the past. The truth is that today, the Monuments Foundation is at the forefront of cultural heritage preservation and art restitution, continuing to retrieve artworks and honor the work of those who carved the path of restitution. We will look at the lives of these "art saviors," current cases, and the new Monuments Men & Women Foundation.

*Christine Maasdam holds a Master of Humanities and a Bachelor of Arts in Cultural Geography. Her art studies include the Courtauld Institute of Art in London, the Smithsonian Early Enrichment Center in Washington, D.C., and Antiquities Trafficking and Art Crime at the University of Glasgow. She graduated from the Art Crime Investigation Seminar led by Robert Wittman, founder of the FBI's National Art Crime Team. Christine is a member of the International Foundation for Cultural Property Protection and holds a certificate from Trident Manor on Protection of Cultural Venues. Christine received Sotheby's certification on "Determining Value: An Appraiser's Perspective." She has spent over 14 years as a Los Angeles County Museum of Art docent and is eager to return as an active volunteer at the City of David archaeological dig in Israel.*

**Fee: \$25**  
**Mon., 6/10 | 10 a.m.-12 p.m.**

**Maasdam, Christine**  
**ONLINE**

### REQUIEM: UNIVERSAL GENRE OF THE WORLD'S GREATEST COMPOSERS

Both opera and non-opera composers have written requiems, including Mozart, Verdi, Brahms, and Fauré. Discover how and why the love for this genre is universal among the world's greatest composers, learn why they chose to write this genre, and listen to some of the most sublime music ever written.

*Former Metropolitan Opera Orchestra violinist Erica Miner now enjoys a multifaceted career as an author, lecturer, screenwriter, and arts writer. Erica presents pre-concert lectures for the Seattle Symphony at Benaroya Hall and regularly presents for the CRI and other educational venues. She received her MusB, cum laude, from Boston University and studied at New England Conservatory of Music and Tanglewood Music Center. She is an award-winning author and active contributor to major art websites and magazines.*

**Fee: \$40**  
**2 Wed., 5/1-5/8 | 1-3 p.m.**

**Miner, Erica**  
**ONLINE**

### JAZZ APPRECIATION SERIES: SURVEY OF JAZZ

This course provides a brief survey of the development of jazz music in the United States. A number of jazz styles will be listened to and studied, along with important instrumentalists, singers, bands and composers. Important historical and social events which parallel the development of jazz music will also be discussed. Live and recorded demonstrations of jazz style periods and jazz techniques will be presented.

*Brent Jensen served as the director of jazz studies and woodwinds at the College of Southern Idaho for 18 years. He developed the curriculum for the "Survey of Jazz" course at the college and wrote the textbook, which is still in use at CSI and has been adopted by other colleges in the United States. Brent is a professional jazz saxophonist who has performed and recorded with a wide range of jazz artists. In 2002, his recording, "The Sound of a Dry Martini: Remembering Paul Desmond," charted at the No. 1 position on jazz radio stations across the country and was featured on JazzWeek's Top 100 and NPR's JazzWorks' Top 25 lists.*

**Fee: \$58**  
**4 Wed., 5/22-6/12 | 4-6 p.m.**

**Jensen, Brent**  
**ONLINE**





## GREAT MUSEUMS OF ROME PART I

Join us in the Eternal City! Instructor Rebecca Albani has chosen two museums to highlight Rome's profusion of ancient, Renaissance, and Baroque art. The Capitoline Museums, one of the world's oldest public collections, combine absolutely thrilling ancient Roman sculpture, from the colossal foot of Constantine to the bronze equestrian statue of Marcus Aurelius, with some choice Baroque pieces, including two Caravaggios. In week two, we will visit the Borghese Gallery, the villa of rapacious art collector Cardinal Scipione Borghese. A key figure in the development of Baroque art, Borghese commissioned Bernini's finest private works, such as the astounding "Apollo and Daphne," which pushes marble to its limits. He also amassed seven Caravaggios along with superb Renaissance and Baroque paintings inspired by classical antiquity, such as Raphael's "Deposition" and Correggio's "Danae." These exceptional museums are not to be missed.

*Rebecca Albani earned a bachelor's degree in art history from the University of California, Berkeley and a master's degree in art history from Stanford University. She also researched 16th-century paintings in Venice on a Fulbright Scholarship. She is a frequent and popular arts lecturer at the Frye Art Museum of Seattle.*

**Fee: \$45**  
2 Tue., 4/30-5/7 | 10 a.m.-12 p.m.

**Albani, Rebecca**  
**ONLINE**

## HEALTH AND SCIENCE

### DEEP DIVE IN DARK CHOCOLATE

In this course, we will discuss how dark chocolate is made, how it is different from milk chocolate, and its beneficial properties. We'll also look at the varying degrees of "dark" in dark chocolate (the range is usually 55% to 90%), how and why they are different, and whether some are better for you than others. Attendees will be invited to take a taste test that will explore their ability to distinguish between different cocoa percentages of dark chocolate. Class members will vote on their favorite chocolate.

*Helen Holcomb worked in the U.S. Intelligence Community (IC) for forty years at different agencies and in a variety of capacities. Learning about spies who provided U.S. secrets to foreign governments, their motivations, and what potentially suspicious signs to look for in colleagues' behavior was part of the mandatory, annual operational security training for IC employees. In addition, Helen tracked colobus monkeys, chimpanzees, and gorillas in Rwanda and Uganda in February*

*2023. She toured much of Rwanda with Rwandan guides and read extensively about the plight of the mountain gorilla and the in-country efforts to preserve its population. Helen made the switch from milk chocolate to dark chocolate and researched chocolate extensively to understand more about this treat. Helen spends as much time as she can at her cabin on the sound in Kingston. She is the author of "Lying Awake," an educational book for children about marine life on the Puget Sound tide flats and life on a boat. She has given more than 90 presentations about marine life at schools and to adult groups.*

**Fee: \$25**  
Mon., 5/6 | 1-3 p.m.

**Holcomb, Helen**  
**SQL 101**

### HORMONE-DISRUPTING CHEMICALS IN EVERYDAY PRODUCTS: FROM PROBLEMS TO ACTIONS

Many consumer and personal care products are useful in our everyday lives but contain chemicals that disrupt hormones. This course will provide an overview of endocrine disruptor chemicals (EDCs) and the health impacts of specific groups of EDCs. This will not be a "doom and gloom" recitation of problems. The intent is to inform about an important topic and inspire individual and collective actions. Scientific information will be woven with information about EDC regulations, past and current success stories, and actions that we can take to reduce our exposure to EDCs. Course activities will include lectures, discussions, stories, presenter "show and tell" demonstrations, and a video. Everyone will have the opportunity to develop their personal action plan.

*Dr. Fran Solomon is an environmental biology professor at Western Washington University, College of the Environment - Salish Sea Region. She earned a bachelor's degree in biology from the University of Rochester, a master's degree in environmental health, and a Ph.D. in aquatic and fishery sciences from the University of Washington. She has 25 years of professional experience in state and local environmental agencies, focusing on the biological impacts of water pollution, prevention and control of water pollution, and salmon habitat protection and restoration. In addition to her academic teaching, she enjoys teaching continuing education courses for environmental and healthcare professionals and diverse general audiences, including several courses for CRI.*

**Fee: \$58**  
4 Wed., 5/1-5/29 | 10 a.m.-12 p.m.

**Solomon, Fran**  
**SQL 101**

No class 5/15.

### THE HISTORY OF ZERO AND OTHER NUMBERS YOU LOVE

The counting numbers (1, 2, 3, ...) and fractions are pre-historic to most cultures. However, some common numbers very familiar to us, like zero and the negatives, are fairly recent and were initially met with lots of resistance. We will look at the evolution of numbers and numerals in different cultures, plus the strange and special histories of 0, -1,  $\pi$ , and  $i$ .

*Howie Silver has a BS in physics and MS in information engineering from the University of Illinois at Chicago, and a MS and PhD in mathematics from the University of Illinois at Urbana-Champaign. He was a professor of mathematics and computer science at Chicago State University for 35 years. Howie has taught eight math-related CRI courses.*

**Fee: \$58**  
4 Tue., 4/2-4/23 | 1-3 p.m.

**Silver, Howie**  
**SQL 101**

### RESPONDING TO SHIPWRECKS & OIL SPILLS WORLDWIDE

Shipwrecks and oil spills are massive emergency response situations. Environmentally threatening and logistically complex, each requires unique resources to control. They can take years to resolve, costing

billions of dollars. Modern deep-draft ships easily carry over one million gallons of heavy fuel oil. Crude oil tankers carry more than 23 million gallons of cargo. Given those volumes, there's always a risk of pollution when their cargo spills. The abandonment of derelict vessels in territorial waters threatens ecosystems around the world, and their removal strains public budgets. Using personal case studies, the instructor will present the best available science and the best management practices employed to overcome these extreme events.

*M.W. (Mac) McCarthy is a researcher, communicator, and project manager with over 30 years of practical experience in heavy salvage, wreck removals, oil spills, and hazardous materials incidents. A licensed professional mariner and University of Illinois graduate, he has worked in every position in the industry, from the lowest level grunt to the chief. He has managed many ventures and has performed post-disaster environmental assessments, logistics engineering, submerged oil recoveries, and risk analyses. He continues to undertake assignments worldwide where marine, environmental, and climate change science come together.*

**Fee: \$58**

**4 Tue., 5/21-6/11 | 10 a.m.-12 p.m.**

**McCarthy, M.W. (Mac)**

**SQL 101**



## EARTH FLOWERS

In this class, we will study crystals of the various minerals that make up the rocks of the Earth. They take their forms not from random collections of atoms, but from a limited number of very specific atomic relationships. The fascinating thing about crystal forms in minerals is that there are so few possible atomic symmetries and shapes, and yet about 3,800 minerals have been identified on planet Earth to date! We will study these atomic limitations and then discuss the crystal forms that result, using our birthstones as guides to some of these forms. Simple paper cut-out-and-glue models of birthstone crystals will be available for you to make your own "birthstone"! Come along on an excursion to the symmetry, simplicity, and beauty of mineral crystals.

*Linda Khandro is a geologist with a bachelor's degree in geology, a master's degree in teaching earth science, and a Washington State Teaching Certificate. She has taught geology, astronomy, oceanography, meteorology, and environmental science in face-to-face, hybrid, and online classes at the college level since 1991. She has taught seniors throughout the Puget Sound region, B.C., Canada, and for CRI since 2010. She is an accomplished harpist and has been playing for over two decades.*

**Fee: \$58**

**4 Mon., 5/13-6/10 | 1-3 p.m.**

No class 5/27.

**Khandro, Linda**

**SQL 101**

## MEETING THE CLIMATE EMERGENCY

This course explains global climate change: what happened and where things are now. What are the greenhouse gases, where do they come from, how much have been released, and how do they heat up the planet? The course then turns to the consequences of global overheating: longer droughts, deeper stormwater flooding, more wildfires, faster hurricanes, and typhoons appearing in new places. The course wraps up with what we can do about global overheating. How do we reduce our own greenhouse gas emissions, and how can we get governments to reduce greenhouse gas emissions?

*Nick Maxwell taught psychology, statistics, research methods, and philosophy of science at the University of Washington, Bothell, and wrote a textbook on introductory statistics before moving on to a 20-year career as a data scientist at Zillow, Weight Watchers, and Facebook. Nick now works as a climate action planner for local governments at Climate Protection Northwest, writes a monthly column on the climate for MyEdmondsNews, and serves on the Edmonds Planning Board.*

**Fee: \$58**

**4 Mon., 4/1-4/22 | 1-3 p.m.**

**Maxwell, Nick**

**ONLINE**

## HISTORY AND CURRENT EVENTS

### U.S. ENVIRONMENTAL HISTORY

This course explores major themes in U.S. environmental history by posing three broad questions: how have humans interacted with the landscape at different times in history, what were the consequences of those interactions, and how and why have ideas about the environment and environmental ethics changed over time? Environmental history is not merely about natural landscapes; it also encompasses human-altered landscapes, built environments, and attempts to "control" nature. Environmental history overlaps with culture, economics, politics, labor, race, gender, the arts, and quite literally any other historical topic one can name. Each week we will discuss tenets of the field in a broad U.S. context, while also exploring issues specific to the Pacific Northwest.

*Ross Coen is an instructor in the history department at the University of Washington. He received his PhD in history at UW in 2021. He has written three books and many articles (both popular and scholarly) about the history of the Pacific Northwest, Washington state, Alaska, and the Arctic. He has given several lectures at CRI previously.*

**Fee: \$58**

**4 Tue., 4/2-4/23 | 10 a.m.-12 p.m.**

**Coen, Ross**

**SQL 101**

### U.S. HISTORY PART I: THE AGE OF INNOVATION

We will delve into the fascinating events of the first quarter of the 20th century from revolutions happening all over the world to the Progressive Era in the U.S. and on to WWI. We'll also discuss Teddy Roosevelt and all of his muscle flexing imperialism, waves of immigration, and new attitudes and experimentation. Finally, we'll take a look at the amazing shift in music (and the riot caused by the Rite of Spring Ballet) and in art with the Armory Art Show of 1913 (and a shocking Picasso).

*Kristi Busch holds a master's degree in museum studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. Her primary focus over the past 30 years has been teaching courses in history, civics, philosophy, and mythology to audiences ranging in age from 16 to 93.*

**Fee: \$53**

**4 Fri., 4/5-4/26 | 1-2:30 p.m.**

**Busch, Kristi**

**SQL 101**





## ISRAEL AND PALESTINE: WE NEED TO TALK

The recent war in the Holy Land risks, as US Secretary of Defense Lloyd Austin has warned, “turning a tactical victory into a strategic defeat.” Questions we will address in this class are: What are the antecedents of this unfolding tragedy; what are the political dynamics within Israel and Palestine; and what are the responsibilities of the allied countries (on both sides) and the world community as a whole? Course material and reading list sources will include all perspectives. All opinions (civilly presented) will be welcome.

*David Fenner is an affiliate faculty member at the University of Washington's Jackson School of International Studies. He regularly teaches courses on Russia, the Middle East, refugees, and the politics of oil. He is also the lead presenter for the Bridging Cultures program, a series of professional development workshops for K-12 teachers and first responders in communities with large immigrant populations. In 2008, David founded the World Learning Center in Muscat, Oman. Prior to that, he was the assistant vice provost for international education at UW (2000-2007).*

**Fee: \$40**  
2 Wed., 4/3-4/10 | 1-3 p.m.

**Fenner, David**  
SQL 101

## U.S. HISTORY PART II: THE MODERNS

We will focus on the 1920s with amazing court cases such as women gaining the right to vote, the Scopes Trial (evolution's day in court), and the censorship trial of James Joyce's "Ulysses." We will take a detailed look at the Harlem Renaissance and all of its amazing art, literature, and music. It's the golden era of business, King Tut, and Hollywood's silent movies, with plenty of heroes including Charles Lindbergh and Douglas Fairbanks.

*See page 5 for instructor bio.*

**Fee: \$53**  
4 Fri., 5/3-5/24 | 1-2:30 p.m.

**Busch, Kristi**  
SQL 101

## HISTORY AND USE OF THE ALPHORN IN SWITZERLAND

Instructor Gary Martin and author Yannick Wey recently collaborated on a translation of a book about the connections between the alphorn and yodeling. In this class, students will explore that topic and learn the history and use of the alphorn in Switzerland. Gary will accompany Yannick in playing a few short, traditional alphorn pieces, explaining the natural tones produced by the instrument. Students will also have the opportunity to play an alphorn with some instruction.

Gary Martin is a professor emeritus of Middle Eastern languages and cultures at the University of Washington. He holds a BA in physics-astronomy and classics, an MA in Near Eastern languages & civilization, and a PhD in Near and Middle Eastern studies. He has also maintained a keen interest in music as former VP of marketing and publishing of an online sheet music publisher and current trumpet and alphorn player. In retirement, he has become an enthusiast of Swiss folk music traditions.

*Guest: Yannick Wey is a senior research associate at the Competence Center for Music Education Research at Lucerne School of Music, Switzerland. He received a BA and an MA in trumpet performance from Zurich University of the Arts and a PhD in musicology from the University of Innsbruck. In his PhD thesis, he analyzed the musical transcription of the Alpine yodel and related wordless song and the interactions between their oral and written traditions. His current projects inhabit the spaces between ethnography, music analysis, and performance. He plays the traditional wind instruments of the Alpine region, the alphorn and bûchel. His research has appeared in Analytical Approaches to World Music, Music & Science, The Galpin Society Journal, Musicologist, and the Swiss Yearbook for Musicology.*

**Fee: \$25**  
Wed., 5/15 | 1-3 p.m.

**Martin, Gary**  
SQL 101

## JEWIS IN THE AMERICAN CIVIL WAR

Contrary to popular belief, Jews were deeply involved in the American Civil War. Why were they eager to join up? What was their attitude toward slavery? What was the real story of Judah P. Benjamin, often described as the “brains behind the Confederacy”? What impact did the war have on attitudes toward the Jews? These are topics we will explore in this class.

*Andrée Aelion Brooks is a journalist, author, and lecturer specializing in Jewish history. Formerly a contributing columnist for the New York Times, she is an associate fellow at Yale University and founder of the Women's Campaign School at Yale. Her award-winning books include "The Woman Who Defied Kings," a comprehensive biography of Dona Gracia Nasi, a Jewish leader who was the richest non-royal woman in Renaissance Europe; "Russian Dance," about a Jewish Bolshevik spy; and "Out of Spain," a children's program on Sephardic history. She was honored in 2013 by the Connecticut Women's Hall of Fame. Website: [andreeaelionbrooks.com](http://andreeaelionbrooks.com)*

**Fee: \$35**  
2 Tue., 4/30-5/7 | 11 a.m.-12:30 p.m.

**Brooks, Andrée**  
ONLINE

## SUPERLATIVE SPIES

This course focuses on spies who distinguished themselves from other spies, including the most dangerous, the most feared, the most beautiful, the most famous, the most damaging, the world's greatest, the one never caught, and the one who saved the world. We will examine their biographical profiles, motivations, and impact. We will also take a look at the techniques of their espionage tradecraft.

*See page 4 for instructor bio.*

**Fee: \$25**  
Wed., 5/29 | 10 a.m.-12 p.m.

**Holcomb, Helen**  
GWY 352

## FOUR CRITICAL PRESIDENTIAL ELECTIONS

This class will look at four presidential elections in which third-party candidates played significant roles and affected the outcome. We will examine the historical context for the candidacies of Teddy Roosevelt (1912), George Wallace (1968), Ross Perot (1992), and Ralph Nader (2000), see how each candidate influenced the elections, and delve into the political and historical consequences of those elections.

James Rigali has a PhD in history from the University of Washington. He taught history for 20 years at UW, Pacific Lutheran University, and North Seattle Community College. He has been a lecturer for CRI for several previous classes, including "The Presidency of John F. Kennedy," "Elections that Changed America," "The Federalist Papers," and "History of the Federal Reserve."

Fee: \$58  
4 Wed., 5/1-5/22 | 1-3 p.m.

Rigali, James  
GWY 352

## INTRODUCTION TO THE CRIMINAL JUSTICE SYSTEM

The criminal justice system is regularly a topic of the news and political campaigns, but its portrayal is often inaccurate or misleading. As a consequence, the average person doesn't really know that much about the system and how it works. This is despite the fact that the system is typically one of the largest budget items at the state and local levels. This course is designed to give participants a baseline knowledge of the system and the tools to encourage them to explore further on their own.

Marilyn (Mimi) Walsh holds a PhD in criminal justice and is retired after a 40-year career in various positions in the criminal justice system.

Fee: \$58  
4 Mon., 5/13-6/10 | 10 a.m.-12 p.m. SQL 101

No class 5/27.

## BEHIND THE CURTAIN: WHO AND WHAT REALLY IMPACTS OUR POLITICAL AND ECONOMIC SYSTEMS?

This class will provide an overview of the organizations, institutions, and individuals that play a major role in the health and resilience of our democratic systems and global economy but attempt to remain out of the spotlight or completely hidden. How do influencers from think tanks, dark money, and even our insatiable consumerism impact the future of the United States and other western democracies? In two sessions, students will learn about the power dynamics at play and the mechanisms straining under the pressure to protect our political and economic institutions.

Maria Montalvo holds master's degrees in political science and economics. She writes two columns for the local newspaper Edmonds Beacon, including a column of personal observations, "Moment's Notice," and an arts and restaurant column, "Arts & Appetite." She serves as executive director of the Corvias Foundation and is passionate about creating opportunities and supporting students to reach higher.

Fee: \$40  
2 Wed., 4/24- 5/1 | 1-3 p.m. SQL 101

Montalvo, Maria

## ECONOMIC ISSUES IN THE 2024 ELECTION

In this class, we will address major issues in the 2024 presidential election: national security, economic policy, environmental policy, and social policy. Both Democratic and Republican perspectives are represented. No previous knowledge of economics is required, though students with an economics background may discover something new.

Scott Gassler earned his MA in economics at the University of Washington and his PhD in economics at the University of Colorado. He has taught economics and politics at a number of institutions in the U.S. and Europe, from community college through graduate school. Scott is now retired and living in Everett.

Fee: \$58  
4 Thu., 5/9-5/30 | 1-3 p.m.

Gassler, Scott  
ONLINE

## UNESCO WORLD HERITAGE SITE DESIGNATION

You see it when you travel: "This is a UNESCO World Heritage Site." What does that mean? Who's UNESCO? How does a landmark or site get this designation? Can a site be "undesignated"? The instructor will answer these questions and provide insight into the sites currently designated under the UNESCO World Heritage umbrella.

Sally Holcomb graduated from University of Washington with a bachelor's in Japan regional studies. She then joined the civil service within the National Security Agency. For the next 18 years, she worked as a language analyst, special agent, and corporate staff officer, eventually joining the Senior Executive Service in 2005. When she retired at the end of December 2021, after nearly 35 years of service, she returned to live near family in the Seattle area for the first time since her years at University of Washington.

Fee: \$25  
Tue., 5/14 | 10 a.m.-12 p.m.

Holcomb, Sally  
SQL 101

## THE RISE OF FASCISM: WE NEED TO TALK... AND ENGAGE

This course will explore the roots of the periodic waves of authoritarianism around the world. Specific focus will include the ideology and rise of Adolph Hitler and the Nazi Party in Germany, the brief and sadly unsuccessful birth of democracy in Russia in the 1990s, and the current trends toward despotism that threaten to lap at shores decidedly closer to home. We will discuss the conditions that lend themselves to the ascendance (and perceived allure) of "strong men" and why democracy can seem so vulnerable to collapse. Ultimately, the course will ask the most important question: What can each of us do to "protect and defend" our hard-won democratic rights and principles? Course material and the reading list will draw from a wide variety of historical and contemporary sources. Spirited question-and-answer sessions are expected and will help illuminate many of the complex issues involved.

See page 6 for instructor bio.

Fee: \$40  
2 Fri., 6/7-6/14 | 1-3 p.m.

Fenner, David  
SQL 101

## THE NEWS: ENTERTAINMENT, INFORMATION, ADVOCACY IN THE CAMPAIGN SEASON?

In the current media environment, news comes at us from all directions and many forms. Yet, regardless of political leaning or purpose, it adheres to a central principle: it must catch and retain our attention. It inevitably tries to entertain us while (perhaps) informing us and even advocating for what the newsmakers see as true, good, and important. This is especially apparent and important to understand in a presidential campaign. The mix of entertainment, information, and advocacy varies across news outlets and with events on which news reporting focuses. This course will help us tune into our own preferences, tastes, and presumptions as we consume the news during the campaign season. Aided by fact checkers, cartoonists, and media analysts, we'll explore examples of newscasting, hopefully emerging as "smarter" consumers of the news and better participants in the campaign season.

Michael Knapp is a retired professor of educational leadership and policy studies at the University of Washington. He has paid close attention to news media and other representations of public events and their basis in verifiable fact and plausible theory. Since retirement, he has taught several courses about political cartooning, fact-checking, media bias, conspiracy theories, and the political divide.

Fee: \$58  
4 Thu., 5/23-6/13 | 10 a.m.-12 p.m.

Knapp, Michael  
SQL 101

## LITERATURE

### THE NATURE POETRY OF MARY OLIVER

Mary Oliver was one of America's premier nature poets. She spent a lifetime musing over such topics as presence, life, loss, grace, silence, and longing. In addition to these themes, we will explore her approach to beauty, transformation, the wonder of animals, and poetry as a form of meditation. Her significance as a uniquely American poet will also be covered. Come join us as we celebrate her heartfelt verse.

**The required text for this course is Oliver's "Devotions."**

Robert Stahl has taught at CRI for over 20 years. He's taught poetry classes on Rumi, Emily Dickinson, Rilke, Mary Oliver, Hafiz, sacred poetry, Zen poetry, haiku, and the poetry of grief, mindfulness, and joy. His other classes have covered Joseph Campbell's "The Power of Myth," Thomas Moore's "Care of the Soul," and poet John O'Donohue's "Celtic Wisdom."

Fee: \$58

4 Thu., 4/4-4/25 | 10 a.m.-12 p.m.

Stahl, Robert

ONLINE



### GOOD POETRY FOR HARD TIMES

Many of us can recall gorgeous, memorable poems that inspired us in childhood, poems by Emily Dickinson or Robert Frost or Geraldine Brooks, poems we return to and share with friends. Grittier examples come to mind, too, as inspiring poems aren't always gorgeous, but sometimes convey a hard truth that hits us in the gut. In this class, we'll look at a range of such poems and discuss the inspiration and craft that goes into them. **A PDF of poems will be distributed prior to the first class meeting.**

Bethany Reid has an MFA in poetry and a PhD in American Literature from the University of Washington. She taught composition, creative writing, and literature for thirty years at UW, Seattle Pacific University, Edmonds College, and Everett Community College. Her poetry books are "The Coyotes and My Mom" (1990); "Sparrow" (2012); "Body My House" (2018); "The Thing with Feathers" (a chapbook, part of Triple No. 10 from Ravenna Press in Edmonds, 2020); and "The Pear Tree: Elegy for a Farm," which won the Sally Albiso Prize from MoonPath Press and will be published in 2024. Now retired, Bethany spends her days walking and writing, coaching poets one-on-one, and teaching poetry whenever she gets the chance. Her website is [bethanyareid.com](http://bethanyareid.com).

Fee: \$58

4 Fri., 5/24-6/14 | 1-3 p.m.

Reid, Bethany

ONLINE

### UNHEARD MELODIES: WOMEN'S VOICES FROM RENAISSANCE ENGLAND

In this course, we will look at works by English women, both poetry and prose, from the first half of the 17th century, a body of literature largely overlooked by literary historians until very recently. Selections will include Aemilia Lanyer, Mary Wroth, and Rachel Speght. **A PDF of readings will be distributed in the weeks prior to the first class meeting.**

Sean Taylor holds a PhD in English from the University of Washington and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature.

Fee: \$58

4 Thu., 4/11-5/2 | 1-3 p.m.

Taylor, Sean

SQL 101

### SHAKESPEARE'S "ROMEO AND JULIET"

This course will undertake a reading of Shakespeare's most famous love story, which will be staged by Seattle Shakespeare Company between April 24 and May 12. We will consider the operation of fortune in the play and how fortunes are made subject to societal demands of class and kinship. Students are asked to read through Act 2 for the first class meeting. **Any edition of the play will do, though it is recommended to find one with annotations and line numbers (the instructor prefers Signet Classic paperbacks, widely available).**

See class above for instructor bio.

Fee: \$58

4 Tue., 5/14-6/4 | 1-3 p.m.

Taylor, Sean

SQL 101

### WOMEN WRITERS OF THE SOUTHWEST

In this literary course, students will explore the Southwest United States and its diverse cultures through the eyes of women writers. Utilizing a feminist critical lens, students will read and analyze literary works from a variety of forms (novels, short stories, poetry) and genres (romance, horror, historic fiction). Showcasing this unique region, the course will include celebrated authors like Sandra Cisneros and up-and-coming talent like ire'ne lara silva. **Recommended readings for this class are "Woman Hollering Creek and Other Stories" (1991) by Sandra Cisneros and "Flesh to Bone" (2013) by Ire'ne Lara Silva.**

A Sámi American researcher and writer, Kaja Gjeld-Bennett is currently pursuing a PhD in hispanic literature at the University of New Mexico. Previously, Gjeld-Bennett received an MA in Indigenous studies (2020) from the University of Tromsø, the Arctic University of Norway, as both a U.S.-Norway Fulbright Grantee and a Norway-America Association Scholar. She obtained a BA (2017) from Pacific Lutheran University in Tacoma, Wash. Gjeld-Bennett also manages Nordiska's Nordic book club and blog and contributes to Women at Warp's feminist science fiction podcast.

Fee: \$58

4 Mon., 5/13-6/10 | 1-3 p.m.

Gjeld-Bennett, Kaja

ONLINE

No class 5/27.

### 2023 NOBEL LAUREATE IN LITERATURE: JON FOSSE

Last October, Norwegian author Jon Fosse was awarded the Nobel Prize in Literature. Writing in Norway's second official language, Nynorsk, Fosse has authored over 70 plays, novels, poems, essays, and children's books. His plays are staged in countries around the world; indeed, Fosse is the most performed Norwegian playwright since Henrik Ibsen. Three Norwegian authors have previously been honored with the Nobel Prize — Bjørnstjerne Bjørnson (1903), Knut



Hamsun(1920), and Sigrid Undset(1928) – but Fosse is the first whose works are written in Nynorsk. Each of these authors will be presented in this class, but the focus will be on Jon Fosse, with one class session devoted to his poetry, one to his plays, and one to his novels. Fosse's writing is set in the present and has a stream-of-consciousness feel – open and hypnotic, spiritual and serene. **Class participants are encouraged to read "A New Name: Septology VI-VII," translated by Damion Searls. Additional readings will be provided by the instructor.**

*Katherine Hanson has offered classes at CRI on Scandinavian culture, literature, and film for over 10 years. She is currently an affiliate associate professor in the Department of Scandinavian Studies at the University of Washington.*

**Fee: \$50**  
**3 Wed., 5/29-6/12 | 1-3 p.m.**

**Hanson, Katherine**  
**SQL 101**

### **LIGHT TAKES THE TREE: THE POETRY OF THEODORE ROETHKE**

In this class, we will study the poetry of Theodore Roethke, focusing especially on nature poetry and love poetry. Roethke is from Michigan, studied under W. H. Auden, and taught toward the end of his life at the University of Washington in Seattle.

*Jerry Austin earned a BA in English with a focus on poetry from the University of Washington. He is a longtime intensive reader of poetry in the English language.*

**Fee: \$25**  
**Thu., 6/6 | 1-3 p.m.**

**Austin, Jerry**  
**SQL 101**

### **CRI'S EXPANDED BOOK DISCUSSION GROUP**

Join with other story lovers as we talk about books, theater, and film. Each week, participants will share what they have been reading or watching. Any genre, fiction or non-fiction, is fine. We will enjoy great discussions as we link up book themes, topics, authors, and books that have found another life on the stage, in the movies, and even in opera. You are guaranteed to go home with at least one new book suggestion, a new author to read, or a theme or genre to explore.

*Nancy Eidemiller is a lifelong learner and reader with a Bachelor of Arts in Sociology. She is an enthusiastic reader and a math education enthusiast. She has been known to say that there is no such thing as too many books, just too few bookshelves. Nancy is currently a CRI Curriculum Committee member.*

**Fee: \$35**  
**4 Tue., 4/30-5/21 | 10 a.m.-12 p.m.**

**Eidemiller, Nancy**  
**EWC**

### **CRI SPRING BOOK CLUB: "THE COVENANT OF WATER" BY ABRAHAM VERGHESE**

Spanning the years 1900 to 1977, "The Covenant of Water" is set in Kerala, on South India's Malabar Coast, and follows three generations of a family that suffers a peculiar affliction: in every generation, at least one person dies by drowning. The family is part of a Christian community that traces itself to the time of the apostles, but times are shifting, and the matriarch of this family will witness unthinkable changes at home and at large over the span of her extraordinary life. All of Vergheese's great gifts are on display in this new work: there are astonishing scenes of medical ingenuity, fantastic moments of humor, a surprising and deeply moving story, and characters imbued with the essence of life.

*See class above for instructor bio.*

**Fee: \$15**  
**Fri., 6/14 | 10 a.m.-12 p.m.**

**Eidemiller, Nancy**  
**CLA 121**

## **NATURE**

### **WILDLIFE OF WASHINGTON AND WILDLIFE OF THE WEST**

Bird naturalist Candy Brown has been interested in all animals since she was young. Her husband, Todd Brown, is a gifted photographer who takes pictures in Washington State and on trips around the western U.S. While Candy shows Todd's photos in class, she will share natural history information about the pictured wildlife. In the Washington session, we will discuss the proliferation of rabbits and coyotes in our area, how bats are helpful in our yards, and the presence of baby red foxes, squirrels, chipmunks, and more. Included in the Wildlife of the West session, we will see four bear species from Alaska, animals from Yellowstone and the Tetons, wild horses from Wyoming, and high-mountain critters from Colorado.

*Candy Brown was an education major in college, had a bank training management career, and spent 15 years in wildlife rehabilitation. She is a lifetime animal enthusiast and expert on birds.*

**Fee: \$40**  
**2 Wed., 4/3-4/10 | 10 a.m.-12 p.m.**

**Brown, Candy**  
**SQL 101**

### **MARINE LIFE ON THE PUGET SOUND TIDE FLATS**

In this course, we will explore the marine life in tidal pools of some of the most extensive low-tide sand beaches on the Puget Sound – tide flats which are right in our backyard in Kingston. We will learn about the sound's marine mammals, sea birds, mollusks, and more. We will find out the answers to questions like: What is that thing? What do divers see in the Edmonds Underwater Park? What is living out in the Puget Sound? The featured animals will include the orca, harbor seal, river otter, bald eagle, osprey, great blue heron, geoduck, moon snail, squid, octopus, sea star, jellyfish, sea cucumber, sea anemone, and sand dollar.

*See page 4 for instructor bio.*

**Fee: \$35**  
**2 Wed., 4/17-4/24 | 10-11:30 a.m.**

**Holcomb, Helen**  
**GWY 352**

### **NO GARDEN? NO PROBLEM! CONTAINERS TO THE RESCUE**

Think you can't be a gardener if you don't have a garden plot for vegetables and flowers? Well, think again.

Container gardening offers a ready solution for gardeners without a garden plot. We will discuss how to care for container plants and explore topics like watering, fertilizing, plant spacing, selecting the appropriate soil, choosing appropriate plants, and advantages and disadvantages to container gardening.

*Jerelyn Resnick is a Snohomish County Master Gardener. She has worked in the Master Gardener demonstration gardens, participated in answer clinics, and taught various gardening topics. She is on the planning team for the 2023 Master Gardener Advanced Education Conference. Resnick enjoys helping gardeners succeed growing native plants.*

**Fee: \$50**  
**3 Thu., 5/2-5/16 | 10 a.m.-12 p.m.**

**Resnick, Jerelyn**  
**SQL 101**



## PHILOSOPHY AND SOCIOLOGY

### FREE WILL: DO WE HAVE IT OR NOT AND WHY IT MATTERS

The problem of free will vs. determinism lies at the heart of much contemporary philosophy. It informs our convictions about why people behave the way they do and justifies our policies of praise, blame, and personal responsibility. It is involved at the most fundamental level in the formulation of our policies concerning adjudication of error, exoneration, punishment, and legal incarceration. It also figures prominently in the religious problem of evil and justifications for our imperfect world. This class is devoted to an exploration of these issues and others informing the contemporary view of determinism and free will.

*A popular instructor for CRI, Sorrel R. Paskin has an MA in philosophy from New York University and an MS in accountancy from the University of Missouri. He has taught courses on the history of philosophy, selected thinkers' works, and economics at numerous colleges and universities.*

Fee: \$58

Paskin, Sorrel  
SQL 101

4 Fri., 5/3-5/24 | 10 a.m.-12 p.m.

### A SOCIOLOGICAL DISCUSSION OF GROUPS IN THE WORKPLACE

"Works well with others" is a welcome comment in a note from a kindergarten teacher or later in a job recommendation. In this lecture and discussion course, we will consider the world of work, and just how it expects, requires, rewards, and values working well with others. We will watch films showing Americans at work — both at the low end of the hierarchy and at the top. **All the films are to be watched at home, and are all available on Netflix, Amazon, or Kanopy.** Our sociological discussion of the films will consider jobs and class aspirations, the challenge of work-family balance, and the possibility for films to point up workplace issues. Expect a lively course!

*Ellen Z. Berg is a sociologist who began using films and short stories to teach undergrads at the University of Maryland when she arrived there in 1986, shortly after getting her PhD at George Washington University. She emigrated from "the other Washington" in 2003, and has been happily teaching retirees here since 2010.*

Fee: \$53

Berg, Ellen  
ONLINE

4 Wed., 5/1-5/22 | 10-11:30 a.m.

## Scholarships available!

Please contact CRI for details:  
[cri@edmonds.edu](mailto:cri@edmonds.edu) | 425.640.1830

## IMPORTANT NOTE

If you are registering for multiple classes, please check your calendar to avoid any concurrencies.

A one-page calendar with CRI offerings is available at [edmonds.edu/cri](http://edmonds.edu/cri) or at the front desk of the Maltby Building.

Please contact the CRI office if you have any questions

## TECHNOLOGY

### PHISHING AND SOCIAL ENGINEERING - NIP 'EM IN THE BUD!

"Phishing" uses techniques from social engineering to deceive us through dozens of different kinds of scams. It comes in the form of "alert" emails, "ominous" phone calls, and "urgent" web pop-ups. The goal is to rattle you enough to part with cash or personal information that can be monetized. While technical practices can help, the key defense to stopping these attacks is an awareness of the strategies being used. Join us to learn how to recognize the signs before phishing becomes part of your personal story.

*Offering technology classes at CRI since 2011, Brian Boston has been a mainstay for technical topics and believes that technology can work for you, support your interests, and enable connections with family and friends. Through Boston LegacyWorks, he educates and works with individuals and small businesses, advising on tech purchases, usage, maintenance, and security.*

Fee: \$40

Boston, Brian  
SQL 101

2 Fri., 5/31-6/7 | 10 a.m.-12 p.m.

### GETTING TO KNOW GOOGLE DRIVE

We are going to dive into the free Google Drive services found in your Google account, which will simplify your life and make you more productive. We will show you how cloud-based apps work within the Google universe. We will cover the advantages of using Google's office productivity apps — and the pitfalls. Touching on security and privacy, we will show how Google's products can work with — and sometimes better than — the business software you might be familiar with. This class is for desktop/laptop computer users and will include information for mobile devices. The Chrome web browser is recommended. This class will use recorded and live demonstrations as well as written material. **You may be invited to complete a self-assessment survey before the class meeting to help you determine if this class is right for you.**

*Kate Schwarz worked in the Edmonds College Technology Resource Center, helping faculty with e-learning, instructional technologies, and course design. She also worked for many years as a computer resource manager at the University of California. Since moving to the Northwest, she has worked as an independent educational technology consultant for non-profits.*

Fee: \$25

Schwarz, Kate  
ONLINE

Wed., 4/10 | 1-3 p.m.

### CREATING, SHARING, AND COLLABORATING IN GOOGLE DOCS

In this introduction to Google Docs, we'll show you how to create documents and share works "in the cloud." We'll discuss how Google Docs can fit into and simplify workflow across devices and operating systems. This class is intended for desktop/laptop computer users but will include information for users of mobile devices. The Chrome web browser is recommended. This class will use recorded and live demonstrations as well as written material. **You may be invited to complete a self-assessment survey before the class meeting to help you determine if this class is right for you.**

See class above for instructor bio.

Fee: \$25

Schwarz, Kate  
ONLINE

Thu., 4/11 | 1-3 p.m.



# COMMUNITY EDUCATION CLASSES

Registration opens March 13!

## ARTS AND CULTURE

### EDMONDS COLLEGE CONCERT BAND

Woodwinds, brass, and percussion musicians of all levels are welcome! The Edmonds College Concert Band provides large ensemble experience for instrumentalists and gives south Snohomish County a local concert band. Members of the community are invited to join as Megan Vinther directs. The band will meet for rehearsals and one performance each quarter. Enrollment for this class remains open until April 30.

Fee: \$99  
11 Tues., 4/2-6/11 | 7-9:30 p.m.

Vinther, Megan  
MIC 114

### EDMONDS COLLEGE JAZZ & SALSA BAND

Rehearsal and performance of traditional jazz band and authentic salsa repertoire. We welcome trumpets, trombones, saxophones, piano, guitar, bass, drumset, and percussion. The band enjoys relationships with many local professionals who serve as guest artists and clinicians, providing instruction and guidance in big band and salsa styles alike! **Prior to registering, please contact [john.sanders@edmonds.edu](mailto:john.sanders@edmonds.edu) for an informal audition and more information.**

Fee: \$99  
10 Mon., 4/1-6/10 | 7-9:30 p.m.  
No class on 5/27.

Sanders, John  
MIC 114



### GRUNGE 101

In the fall of 1991 the "Seattle Scene" or "Grunge Scene" hit the top of the charts and changed the rock music scene forever. Nirvana, Soundgarden, and Pearl Jam all released classic records in the same few weeks as Metallica, Guns 'n Roses, and the Red Hot Chili Peppers, joining them as platinum selling acts and putting grunge into a permanent place in the pop culture and fabric of the era. How did we get there? What was that period of time like? What was the result and legacy?

Fee: \$55  
2 Weds., 5/22-5/29 | 6-8 p.m.

Lageson, Jeffrey  
In-Person, Room TBD

### FABRIC BEADS MAKE & TAKE

Create one-of-a-kind beads with leftover fabrics, beads, yarn, and some glue. Create necklaces, bracelets, and all types of jewelry with these colorful beads. Bring the following materials to class: scissors, a ruler, any piece of fabric, and any buttons or charms you like! The instructor will also have some extra fabric, charms, and buttons in the classroom just in case. At the end of this class, you will have some beautiful fabric beads to take home!

Fee: \$39  
1 Sat., 5/4 | 9 a.m.-12 p.m.

Acosta-Pieters, Martha  
In Person, Room TBD

### INTRODUCTION TO POETRY

A beginners' poetry workshop, where both the instructor and students are welcome to comment on poems composed by students. The focus is one of encouragement, building on a writer's strengths, and helping the student become increasingly able as a poet. Some easily learned language skills will also be introduced. The instructor is open to a wide variety of styles and hopes to have students develop their own individual voices.

NOTE: Students should send their poems one week before the class begins to [comed@edmonds.edu](mailto:comed@edmonds.edu) so they can be forwarded to the instructor.

Fee: \$99  
4 Wed., 5/8-5/29 | 6-8 p.m.

Austin, Jerry  
In Person, Room TBD

### INTRODUCTION TO THE LIGHTSABER

Here you can learn some of the forms and basic structure of lightsaber combat. Potential outcomes of this course are fitness, some self-defense, and an introduction to a wider, geekier world of Star Wars.

Fee: \$55  
2 Fri., 5/3-5/10 | 6-8 p.m.

Whitmer, Shayé  
In-Person, Room TBD

### INTRODUCTION TO THE SCIENCE OF CULTURAL ASTRONOMY

Students will learn how our ancestors observed and utilized the cyclical nature of the sky over millennia and explore the unifying aspects of our human evolution within a tripartite cosmos. The disciplines of astronomy, archaeology, anthropology, and mythology will be explored to examine how humans immersed themselves in the nature of the cosmos. Students will explore their place in the 21st century and the sacredness of the night sky.

Fee: \$75  
4 Mon., 4/29-5/20 | 7-8:30 p.m.

Seven, William  
ONLINE

### PEN & PENCIL DRAWING

This introductory drawing course is designed for individuals with little to no prior drawing experience. The focus is on building foundational skills using both pen and pencil as primary tools. Upon successful completion of this course, you will have a solid understanding of basic drawing principles, line work, shading techniques, and composition.

Fee: \$99  
4 Tues., 4/30-5/21 | 6-8 p.m.

Ross, Shawn  
In Person, Room TBD



## LATIN DANCE PARTY BASICS

This is a beginner-level class to learn the basics of bachata, cumbia, merengue and salsa! Anyone who is interested in learning popular dance moves typical to Latin parties or dance clubs and who would like a fun way to get some exercise is welcome to join! Upon completion of this course, you will have learned the core footwork to four popular genres of Latin dance, learn how to count each genre of music to stay on beat, develop coordination, and feel more comfortable moving your body to the music.

Fee: \$99 Munoz, Clarissa  
4 Weds., 5/8-5/29 | 5:30-7:30 p.m. In Person, Room TBD

## INTRODUCTION TO VOICEOVERS

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. This is a one-time, 90-minute, one-on-one, video-chat class for students 18 and over. After registering, you will be contacted by Voices for All (VFA) to schedule your class for a day and time of your convenience. Learn more at [voicesforall.com/ooo](http://voicesforall.com/ooo)

Fee: \$49 Voices For All  
TBD between student and VFA ONLINE

## LEARN TO PLAY DUNGEONS & DRAGONS

A learn-to-play course that will take time to teach the rules and concepts of the RPG game D&D, with an opportunity to then play an intro adventure. No materials are needed, as character sheets, basic rules, and other gaming needs will be available for use. Please note: DND is releasing some major updates not long after this class. We will be going over the basic rules and discussing the updates as they happen. These will not have an impact on basic game play or your introduction to the game.

Fee: \$55 Lageson, Jeffrey  
2 Mons., 5/6-5/13 | 6-8 p.m. In Person, Room TBD

## T-SHIRT SCARVES MAKE & TAKE

Create various types of scarves by repurposing old t-shirts. Bring the following materials to class: scissors, some old t-shirts, and any buttons, charms, or beads you like! The instructor will also have some extra fabric, charms, buttons, and beads in the classroom just in case. At the end of the class you will have some lovely scarves to take home!

Fee: \$39 Acosta-Pieters, Martha  
1 Sat., 5/11 | 9 a.m.-12 p.m. In Person, Room TBD

## SPRING PAINTING SERIES

Create a gallery of artwork! In each lesson, students will paint a different spring-themed art piece with step-by-step instruction using acrylic paints. Students will learn techniques for nurturing their inner artists, learn interesting facts about the weekly painting subjects, and gain confidence to further explore painting and the arts. This course is geared toward beginner students, and no experience is necessary! See the supply list online for class materials.

Fee: \$169 Rodriguez, Erick  
5 Weds., 4/10-5/8 | 6-8 p.m. ONLINE

## SPRING PHOTOGRAPHY CHALLENGE

Feel like something is missing in your photography? Explore photography by learning to visualize a photograph and then create it through lighting, composition, and exposure. This class focuses on discovering new ways of seeing and an artistic approach to composition. There will be lectures, examples, and weekly assignments. The instructor will critique assignments and help students grow their photography knowledge. Some topics covered will be macro photography, close-up portraiture, tips for shooting moving subjects, and seasonal light changes.

Fee: \$159 Ulvestad, Karen  
6 Tue., 4/23-5/28 | 7-9 p.m. ONLINE

## CAREER AND BUSINESS

### EXCEL I: EXCEL IN YOUR WORLD! THE EXPLORATION OF SPREADSHEETS

Excel is an amazing, powerhouse program that can be used in many parts of our daily lives! In this introductory class, we will learn how Excel is set up, enter and format data, execute basic formulas, and then get into working with some of the powerful functions available in Excel. Required: Access to MS Office Excel for Windows (version 2016 or higher).

Fee: \$75 Simerly, Mary  
3 Thurs., 4/18-5/2 | 6-8 p.m. ONLINE

### EXCEL II: PIVOTS & FORMULAS

Continue your Excel journey in the second class in the series and enhance your comfort level when working with data. In this class, we will learn how to work with more functions, sort and filter data, apply conditional formatting, and work with PivotTables. Prerequisite: Excel I or working knowledge of topics covered in Excel 1. Must have access to MS Office Excel for Windows (version 2016 or higher).

Fee: \$75 Simerly, Mary  
3 Thurs., 5/9-5/23 | 6-8 p.m. ONLINE

### IGNITE YOUR CREATIVITY: OVERCOMING CREATIVE BLOCKS

Struggling to brainstorm new ideas or conquer your fear of failure? This class will give you all the tools you need to get through a wide variety of creative blocks. Instructor Sarah E. Miller — a greeting card artist, writer, and marketing professional — will teach you new skills, show you the psychology behind creative blocks, and help you set realistic goals to propel your projects forward. You will also be given some concrete creative exercises to keep the momentum going.

Fee: \$39 Miller, Sarah  
1 Sat., 5/4 | 10:30-12 p.m. ONLINE





### PODCASTING 101

Learn podcasting from Anthem Award-winning podcast producer John Yeager! This course will include a background to podcasting, trends in the podcasting industry, and a discussion on why you should or shouldn't produce a podcast. Each class will feature a guest speaker with real-world podcasting experience, along with plenty of time for questions.

Fee: \$109

3 Sat., 4/20-5/4 | 10 a.m.-12 p.m.

Yeager, John  
ONLINE

## HOME, HEALTH, AND HEARTH

### BEFORE YOU GO: END OF LIFE PLANNING WORKSHOP

"We're all going to die, and we don't know when," says Rev. Bodhi Be, a mentor of the instructor and director of perhaps the only non-profit funeral home. Given that important and poignant truth, there are many things we can do to prepare ourselves and save our loved ones time and stress. In this class, we will explore legal documentation, practical considerations, relational networks, wishes for your memorial and your body's disposition, and much more. All of this information is valuable to anyone regardless of age or state of health. The class will also provide free or inexpensive tools to help you complete and maintain your end-of-life preparations.

Fee: \$39

3 Sat., 4/20-5/4 | 11 a.m.-12 p.m.

Matthews, Wakil David  
ONLINE

### BRUNCH WINES WITH TASTY SPRING BITES

Brunch with us at Edmonds College! This fun food and wine class will introduce you to an array of wines from different parts of the world to pair with brunch foods. In this class, you will learn about the foundations of pairing wine with foods, enjoy tasty bites with wine samples, explore the enhanced flavors from the best pairings, and learn the challenges inherent in some foods and how to deal with those issues. Price includes \$25 fee for food and wine.

Fee: \$80

1 Sun., 4/21 | 1-4 p.m.

Daigneault, Reggie  
College Café, BRI 133

### SPRING BOTANICALS MAKE AND TAKE

Create a beautiful spring flower arrangement for your home! Using spring blooms, whether grown in your yard or purchased at a wholesaler, you will learn how to make dramatic designs. Price includes flowers and flower-making supplies.

Fee: \$65

1 Thurs., 4/18 | 6-8 p.m.

Porterfield, Anna  
In Person, Room TBD

### COFFEE SHOP CAKES

If you love those loaf cake or thick coffee cake slices at your favorite coffee shop this class is for you! Learn how to take one recipe and morph it into a number of delicious pound cake options. In class we will make a moist, tender, lemony pound cake along with a lemon syrup to brush on our fresh baked cake and finish the cake off with a lemon glaze. We will also make a fruit streusel coffee cake. Class includes additional recipes for turning both master recipes into other flavor combinations.

Fee: \$70

1 Sun., 4/28 | 2-5 p.m.

Sweeney, Michele  
ONLINE

### COMMUNAL RESIDENTIAL OWNERSHIP: HOW TO SUCCESSFULLY MANAGE

This course will provide lecture sessions covering every aspect of being on the board of your HOA or condominium. Students will learn about the role of the board and each board member; how to successfully apply the law as stated in their condominium declaration; organize and clearly report condominium finances, including required reserves; and create a clear and definitive condominium organization chart, complete with position descriptions. We will also discuss the role of non-members in contracting with the condominium to support a large variety of operational needs. In addition to the lecture sessions, a written presentation of the material covered will be given to each class member.

Fee: \$89

3 Sat., 4/27-5/11 | 10 a.m.-12:30 p.m.

Johnson, Ernie  
In Person, Room TBD

### CSI: MYTH VS. FACT

Join presenter Lynne Dean, a forensic scientist and retired latent fingerprint examiner with the King County Sheriff's Office in Seattle, Wash., as she explores how crime scenes are processed for evidence. You will learn how a forensic fingerprint laboratory works, discuss photographs from real crime scenes, and determine what you see as evidence. You'll also participate in hands-on exercises at home and discover how to distinguish fact from fiction when it comes to your favorite CSI-style TV shows. Student participation is encouraged! This class is for students 18 and older, as some of the content and photos are considered graphic. In addition, participants will need a roll of clear tape (like Scotch tape) and their choice of one of the following: a clear plastic water bottle, ceramic mug (like a coffee cup), or clear sheet protector. Those items will be part of the hands-on exercises they will do during the Zoom presentation.

Fee: \$39

1 Sat., 5/11 | 9 a.m.-12 p.m.

Dean, Lynne  
ONLINE

### HOMESCHOOL NUTS & BOLTS

Interested in homeschooling but don't know where to start? This course will provide you with important information and potentially money-saving resources to effectively teach your child. You'll learn to work with your child's uniqueness and learning style to develop lifelong skills and a love of learning. Also, successful completion of this engaging, affordably priced class meets the Washington state legal requirements as a "Qualifying Course" for parents who choose to provide home-based instruction for their children. For information about class content or requirements, contact the instructor at 206.954.4394.

Fee: \$119

3 Sessions, 4/9, 4/10 & 4/11 | 6-9 p.m.

Rosenzweig, Beth  
ONLINE



## MOUNTAINEERING 101

Get all the tools you need to start conquering indoor and outdoor cliffs. Over four class sessions, we'll cover climbing terminology, types, equipment, techniques, and route classifications. We'll also discuss the philosophy of climbing and how it can be used to overcome struggles throughout our lives. Required Book: "Mountaineering Freedom of the Hills," 9th edition, by the Mountaineers.

Fee: \$55  
4 Thurs., 4/4-4/25 | 6-7 p.m.

Lewis, Timothy  
In Person, Room TBD

## EDMONDS COLLEGE FOOD PANTRY COOKBOOK: MAKE AND TAKE

Students will construct physical recipe books to be given to anyone who utilizes the food pantry on campus. Using ingredients that are commonly donated to the Food Pantry, a cookbook has been created that will help users create a meal plan. Be a part of this new project that seeks to provide tools and resources to less fortunate members of our Edmonds College community! All students will receive one copy of the cookbook to take home with them.

Fee: \$29  
1 Sat., 4/27 | 9 a.m.-12 p.m.

Acosta-Pieters, Martha  
In Person, Room TBD

## HANDMADE PIEROGI

Learn how to make these delicious little pillows of dumpling goodness! In this class you will be making Pierogi dough, potato and cheddar filling and caramelized onions for tossing our cooked Pierogi with. We will make a spring Polish inspired side salad and round our meal out with Polish butter cookies with jam.

Fee: \$70  
1 Sun., 4/21 | 2-5 p.m.

Sweeney, Michele  
ONLINE

## PRACTICAL SITUATIONAL AWARENESS & PERSONAL SAFETY FOR EVERYONE

Violent encounters take only seconds and are over faster than it takes police to respond. Our personal safety training is a preventative and proactive program that teaches you how to use situational awareness to navigate your surroundings and avoid conflict by exposing criminals and their tactics. We've trained everyone from teenagers to corporate security directors of large corporations with our easy to follow, step-by-step programs.

Fee: \$25  
1 Tues., 4/30 | 6-7 p.m.  
1 Tues., 5/14 | 6-7 p.m.

Carey, Tara  
ONLINE  
In Person, Room TBD

## TAX & INCOME PLANNING STRATEGIES

Ready for retirement? This course focuses on important concepts and strategies related to retirement planning, such as inflation protection, tax-efficient withdrawals, lifestyle preservation, and providing a legacy. Both retirees and pre-retirees will benefit from attending this workshop.

Fee: \$49  
2 Thurs., 4/4-4/11 | 6:30-8:30 p.m.

Keppler, Richard  
In Person, Room TBD

## WIN, WIN, LOSE: TAX REDUCTION STRATEGIES FOR IRA DISTRIBUTIONS

Under the 2019 SECURE ACT, the retirement plan distribution rules for beneficiaries have been drastically changed. This workshop will help you understand the various tax reduction strategies available to help you go from forever taxed to never taxed, including charitable planning, Roth conversions, and life insurance. We will also discuss funding strategies from your retirement accounts to provide for family members with special needs.

Fee: \$39  
1 Thurs., 5/2 | 6:30-9 p.m.

Harsin, Dick  
In Person, Room TBD

## TRAVEL THE WORLD VOLUNTEERING

Ready to help in another country by working with local communities that need your skills or support with existing projects? Want to teach English, work with children, help wildlife, support conservation or share your expertise? Learn how to combine inexpensive travel with life-changing experiences as you travel the world as a volunteer. Volunteer travel is not just for the young!

Fee: \$80  
3 Mon., 5/6-5/20 | 6:30-8:30 p.m.

Major, Joyce  
ONLINE

## URBAN FARMING: SPRING GARDENING

Spring has sprung, and it's time to get your garden growing! We will discuss what to do now, including seed starting, direct seeding and transplanting, and soil building/amendments. A group setting will allow for lots of Q&A and personal instruction. Price includes \$5 supply fee.

Fee: \$65  
1 Thurs., 4/4 | 6-8 p.m.  
& 1 Sat., 4/6 | 10 a.m.-12 p.m.

Swart, Marni  
In Person, Room TBD  
Campus Farm

## FOREIGN LANGUAGE

### FRENCH II

*Bonjour!* So you want to learn French? Nothing simpler! Ease into French 2 this beautiful season with an easy-to-use textbook as well as learning how French people "really" speak. We will continue the fun applying the knowledge we've gained in French 1 and then move on to discussing simple topics! *On va s'amuser, vous allez voir.*

Fee: \$165  
7 Sat., 4/20-6/8 | 10 a.m.-12 p.m.  
No class on 5/25.

Morehead, Louise  
ONLINE

### ITALIAN: BEGINNER I

Develop Italian conversational skills, gradually learn vocabulary, and learn about Italy and its culture. Pronunciation and grammar will be covered. Various resources are integrated to create an immersive learning experience.

Fee: \$159  
6 Mon., 5/6-6/17 | 2-4 p.m.  
No class on 5/27.

Pau, Barbara  
ONLINE



## ITALIAN: INTERMEDIATE

This course is suitable for those who have completed Italian: Beginner 1 or who already have a good knowledge of the basics of the Italian language and want to improve pronunciation, conversational skills, and vocabulary, either for personal or professional purposes.

Fee: \$119

6 Tue., 5/7-6/11 | 2-3:30 p.m.

Pau, Barbara  
ONLINE



## JAPANESE: BEGINNING CONVERSATIONAL

This class is an introduction to Japanese language and culture designed for students with little to no experience. We will focus on conversational skills, pronunciation, everyday expressions, basic vocabulary, simple sentence structure, and basic grammar. Reading and writing are not covered.

Fee: \$99

8 Thurs., 4/18-6/13 | 6:30-7:30 p.m.

Oda, Earle  
ONLINE

No class on 5/2.

## SPANISH: BEGINNING

It's never too late to develop your foreign language skills! Impress your friends and colleagues by developing your conversational ability in real-life situations in your community or while traveling. Study basic pronunciation and grammatical structure in a nurturing, interactive environment. Recommended for people who have never taken Spanish. Required Book: "SPANISH in 10 Minutes a Day" (ISBN: 978-1931873307).

Fee: \$259

10 Thurs., 4/11-6/13 | 6-8 p.m.

Baird, Monica  
ONLINE

## SPANISH: INTERMEDIATE 1

Continue with Spanish conversation and grammar skills and learn to conjugate verbs in present, past, and future. Prerequisite: Spanish: Beginning. Required Book: "Barrons: Learn Spanish the Fast and Fun Way," 2nd or 3rd Edition, by Gene Hammitt (ISBN: 978-0764125508).

Fee: \$259

10 Tues., 4/9-6/11 | 6-8 p.m.

Baird, Monica  
ONLINE

## SPANISH: INTERMEDIATE 2

Continue learning by improving your useful vocabulary, conversation, and grammar skills using the present, past, and the future tenses. Prerequisite: Spanish: Intermediate 1. Required Book: "AVENTURAS primer curso de lengua española," student edition, by Jose A. Blanco and Philip Redwine Donley (ISBN: 978-1618570536).

Fee: \$235

9 Mon., 4/8-6/10 | 6-8 p.m.

No class on 5/27.

Baird, Monica  
ONLINE

## SPANISH: ADVANCED

Refine your vocabulary, pronunciation, grammar, and ability to master routine conversations. Recommended prerequisite: Spanish: Intermediate 2. Required book will be listed online.

Fee: \$259

10 Weds., 4/10-6/12 | 6-8 p.m.

Baird, Monica  
ONLINE

## Interested in being an Instructor for Community Education?

Do you have a passion for a topic that you would like to share? We want to hear from you! We are interested in any and every topic so please do not hesitate to reach out if you have questions. Our staff will be more than willing to talk with you about your ideas for a class with Edmonds College.

Email [comed@edmonds.edu](mailto:comed@edmonds.edu) if you are interested and we can email the Course Proposal Form link back to you. In your initial email, please include the following materials:

- Your current resume and professional references (not related to you)
- Any marketing materials you might use to help promote the course you are proposing
- Digital images of your work, when applicable (visual art for photography classes, etc.)

Your materials will be reviewed to determine if your course proposal(s) will be a good match for Community Education.

You will be notified regarding the status of your proposal within two weeks. If the proposal is accepted, we will schedule an interview to discuss your class, prior teaching experience, and Community Education policies. We will also request a course outline/syllabus at that time.

We are actively seeking instructors for the following disciplines: Ceramics, E-sports, French, Google Certificates, Italian, and Mandarin.

EDMONDS COLLEGE  
20000 68th Ave. W, Lynnwood, WA 98036  
425.640.1459 | edmonds.edu

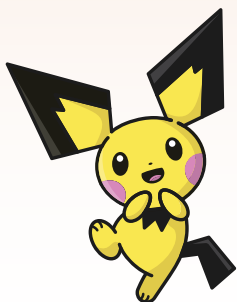
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SPRING YOUTH CAMP (FOR AGES 8-13)

# POKÉMON MASTERS

## DESIGNERS & 3D MAKERS UNITE!



Use your Pokemon imagination and bring your ideas to life! Begin by creating your own digital Pokemon-style custom playing card game. Progress onto designing action figures, jewelry, and toys in professional modeling software. Learn how to prepare a model for 3D printing and create a design portfolio to showcase your work. No prior experience is necessary, and 3D designs will be available on a password protected Black Rocket website to share with friends and family. The final class will be held in Edmonds College's makerspace in Monroe Hall.

Email [youth.camps@edmonds.edu](mailto:youth.camps@edmonds.edu) for registration information.

Fee: \$239  
6 Sat., 4/13-5/18 | 10 a.m.-1 p.m.

Instructor TBA  
SNH 220 and MON



## DIRECTIONS AND PARKING

Parking is free for students. Community Education students attending on-campus classes will be emailed a parking permit to print and display for classes each quarter. Creative Retirement Institute (CRI) students can obtain their permit at the front desk in the Maltby Building. Please use the QR code to see a campus map. [edmonds.edu/campus-map](https://edmonds.edu/campus-map)